

# INDIVIDUAL AND COMMUNITY WELL-BEING (ICW)

## (3 credits)

Students must complete one 3-credit course.

Courses in this area:

- Explore the growth and development of the individual and address the interconnected dimensions of well-being.
- Study and evaluate the ways that the local, state, national, or private sectors frame and implement social policies, and the consequences of these policies for well-being.
- Examine social structures and practices such as urban and rural development, planning, funding allocations, and legislative initiatives designed to secure the well-being of the community.
- Examine the short- and long-term consequences of beliefs, behaviors, and policies that affect the well-being of individuals and communities.
- Address the role of prevention strategies in promoting well-being.

Code	Title	Credits
CD-100	Introduction to Human Communication and its Disorders	3
CJ-101	Introduction to Criminal Justice	3
CJ-354	Addictions Counseling of Individuals and Families	3
CM-416	Media Law and Ethics	3
EC-102	Consumer Economics	3
EC-104	Personal Financial Planning	3
EC-208	Economics of Health Care	3
ED-150	Introduction to the Teaching Profession	3
ED-155	Teaching and Learning in Elementary School	3
ED-205	An Introduction to Social-Emotional Learning	3
ED-206	Development and Learning of Typical and Atypical Children Birth to Age 8	3
ED-207	The Adolescent in Schools & Society	3
ED-271	International and Comparative Education	3
ED-285	Understanding and Supporting Children And Youth With Disabilities	3
EN-115	LGBTQ+ Narratives	3
EN-217	Introduction to Narrative Studies of Health and Medicine	3
EN-220	English Literature (beginnings to 1798)	3
EN-221	English Literature (1798-Present)	3
EN-230	Environmental Literature	3
EN-272	News Reporting and Writing I	3
EN-322	Community Writing	3
EN-354	Opinion Writing	3
EN-358	Disability Stories, Disability Studies	3
HC-202	Introduction to Global Health	3
HC-203	Introduction to Epidemiology	3
HC-340	Global Perspective in Public Health	3
HE-100	Personal Health	3

HE-120	Health and Nutrition	3
HE-220	Mental Health Education	3
HE-225	Advanced Nutrition: The Prevention and Treatment of Obesity	3
HE-325	Sports Nutrition	3
HE-350	Community Health Education	3
HE-354	Addictions Counseling of Individuals and Families	3
HE-400	Special Topics	3
HI-227	American Popular Art and Architectural History	3
HI-290	Health and Healing in America	3
HI-332	American Environmental History	3
IS-160	Introduction to Gerontology	3
JO-101	Introduction to Journalism	3
LC-293	Peer Mentoring	3
MU-102	Applied Music	1
MU-321	Small Ensemble	0.5-1
MU-330	Jazz Ensemble	0.5-3
NU-357	Global Perspectives in Health	3
PH-101	Ancient Greek Philosophy	3
PH-110	Critical Thinking	3
PH-134	Computing Ethics	3
PH-152	Philosophy of Love and Sex	3
PH-171	Buddhist Philosophy	3
PH-180	Sports and Philosophy	3
PH-225	Philosophy of Language	3
PH-264	Philosophy of Education	3
PH-327	Feminist Medical Ethics	3
PO-160	Introduction to Civic Engagement	3
PO-312	Health Politics and Policy	3
PS-201	Career Exploration in Psych	3
PS-210	Developmental Psychology	3
PS-326	Psychological Distress and Well-Being	3
PS-340	Psychological Testing and Measurement	3
SO-100	Introduction to Sociology	3
SO-201	Prejudice, Privilege, and Power	3
SO-207	First Generation to College: Campus Diversity and College Inequality	3
SO-215	Medical Sociology	3
SO-235	Music and Social Change	3
SO-250	Sociology of Religion	3
SO-255	Sociology of Disability	3
SO-295	Sociology of Death & Dying	3
SO-305	Applied Sociology	3
SO-312	Youth, Race, and Public Space	3
SO-318	Worcester and Its Discontents	3
SO-340	Social Psychology	3
SO-355	Gender and Sexuality	3
SO-360	Urban Sociology	3
SP-290	Introduction to Medical Spanish I	3
SP-291	Introduction to Medical Spanish II	3
SP-292	Spanish for Women's Health	3
SP-294	Spanish for the Nutrition and Dietitian Professional	3

SP-295	The Human Body: Spanish for Anatomy	3
TH-290	Theatre for Young Audiences	3
TH-292	Applied Theatre and Community Engagement	3
TH-348	Stage Combat	3
UR-103	Introduction to Women's Studies	3
UR-217	Child Advocacy	3
UR-220	Immigrant City	3
UR-230	Technology, Public Policy and Urban Society	3
UR-250	Introduction to Urban Planning	3
UR-319	Transportation Planning	3
UR-320	Power and Urban Insecurity	3
WO-100	Introduction to Women's, Gender, and Sexuality Studies	3