

MINOR IN MENTAL HEALTH SERVICES

Mental Health Minor

The Minor in Mental Health Services offers an opportunity for students to focus in the areas of: (1) risk and resiliency factors impacting individual mental health, and (2) mental health services including clinical assessment and treatment practices.

The first Minor in Mental Health Services track is for students who are majoring in psychology and want to specialize in the area of mental health services. This track fulfills the common prerequisites of graduate programs in clinical psychology, counseling psychology, and social work, thereby making the minor ideal for those students who are considering mental health service provision as a career choice. **Psychology majors cannot count the Mental Health Service minor towards their MajorPlus requirement.**

Mental Health Minor Program Requirements for Psychology Majors

Code	Title	Credits
PS-240	Introduction to Abnormal Psychology	3
<i>Elective Courses</i>		<i>15</i>
PS-315	Physical and Sexual Abuse	
PS-318	Behavior Management Techniques	
PS-330	Theories of Personality	
PS-326	Psychological Distress and Well-Being	
PS-340	Psychological Testing and Measurement	
PS-385	Motivation	
PS-391	Clinical Psychology	
PS-400	Internship in Psychology ((only pre-approved clinical internships))	
Total Credits		18

* PS-101 is required for all the courses in the Mental Health Services minor. It will count toward the Psychology major OR Psychology minor, but not towards the Mental Health Services Minor.

** No courses in the Mental Health Services minor can also count in any way toward the Psychology major or Psychology minor.

Psychology majors cannot count the Mental Health Service minor towards their MajorPlus requirement.

The second minor track is for non-psychology majors. This track is a complement to other fields of study where knowledge of individual and social factors impacting well-being, abnormal psychology, and mental health services systems would be beneficial.

Mental Health Minor Program Requirements for non-Psychology Majors

Code	Title	Credits
PS-101	General Psychology	3
PS-240	Introduction to Abnormal Psychology	3
or PS-335		
<i>Electives</i>		<i>12</i>
PS-315	Physical and Sexual Abuse	
PS-318	Behavior Management Techniques	

PS-326	Psychological Distress and Well-Being
PS-330	Theories of Personality
PS-340	Psychological Testing and Measurement
PS-385	Motivation
PS-391	Clinical Psychology
PS-400	Internship in Psychology ((only pre-approved clinical internships))
Total Credits	18