MINOR IN MENTAL HEALTH SERVICES

Mental Health Minor

The Minor in Mental Health Services offers an opportunity for students to focus in the areas of: (1) risk and resiliency factors impacting individual mental health, and (2) mental health services including clinical assessment and treatment practices.

The first Minor in Mental Health Services track is for students who are majoring in psychology and want to specialize in the area of mental health services. This track fulfills the common prerequisites of graduate programs in clinical psychology, counseling psychology, and social work, thereby making the minor ideal for those students who are considering mental health service provision as a career choice. Psychology majors cannot count the Mental Health Service minor towards their MajorPlus requirement.

Mental Health Minor Program Requirements for Psychology Majors

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>PS-240</td>
<td>Introduction to Abnormal Psychology</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td><strong>Elective Courses</strong></td>
<td><strong>15</strong></td>
</tr>
<tr>
<td>PS-315</td>
<td>Physical and Sexual Abuse</td>
<td></td>
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<tr>
<td>PS-318</td>
<td>Behavior Management Techniques</td>
<td></td>
</tr>
<tr>
<td>PS-330</td>
<td>Theories of Personality</td>
<td></td>
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<tr>
<td>PS-326</td>
<td>Psychological Distress and Well-Being</td>
<td></td>
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<tr>
<td>PS-340</td>
<td>Psychological Testing and Measurement</td>
<td></td>
</tr>
<tr>
<td>PS-385</td>
<td>Motivation</td>
<td></td>
</tr>
<tr>
<td>PS-391</td>
<td>Clinical Psychology</td>
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</tr>
<tr>
<td>PS-400</td>
<td>Internship in Psychology ((only pre-approved clinical internships))</td>
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Total Credits 18

* PS-101 is required for all the courses in the Mental Health Services minor. It will count toward the Psychology major OR Psychology minor, but not towards the Mental Health Services Minor.

** No courses in the Mental Health Services minor can also count in any way toward the Psychology major or Psychology minor.

Psychology majors cannot count the Mental Health Service minor towards their MajorPlus requirement.

The second minor track is for non-psychology majors. This track is a complement to other fields of study where knowledge of individual and social factors impacting well-being, abnormal psychology, and mental health services systems would be beneficial.

Mental Health Minor Program Requirements for non-Psychology Majors

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<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>PS-101</td>
<td>General Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PS-240</td>
<td>Introduction to Abnormal Psychology</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>or PS-335</td>
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<tr>
<td></td>
<td><strong>Electives</strong></td>
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<tr>
<td>PS-315</td>
<td>Physical and Sexual Abuse</td>
<td></td>
</tr>
<tr>
<td>PS-318</td>
<td>Behavior Management Techniques</td>
<td></td>
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