

COUNSELING SERVICES

The Counseling Center assists students in coping with personal issues that interfere with their academic, personal development, and sense of well-being. The Counseling Center provides services to degree seeking undergraduate students. Individual counseling is available to those who are seeking assistance. Following an initial evaluation, counselors will work with students to assess the level of services the student needs.

This may include weekly, bi-weekly, or monthly appointments and in some cases a referral to community resources. Same day appointments may be available through our walk-in triage process. Counselors are available to treat a wide-variety of mental health concerns including, but not limited to trauma, depression, anxiety, and substance use disorders .

Group counseling may also be available on an as needed basis. On our website (worchester.edu/sp-counseling) students can access free online screenings for a variety of areas. These are available in Spanish and English.

The Counseling Center is located on the third floor of the Student Center. To make a counseling appointment, please call 508-929-8072 or you may email the Counseling Center at counseling_wsu@worchester.edu.